EIGHTH

ANNUAL REPORT

OF THE

COMMITTEE OF VISITORS

OF THE

CITY OF LONDON LUNATIC ASYLUM,

AT

STONE, NEAR DARTFORD,

IN THE COUNTY OF KENT.

ROYAL COLLEGE OF SURGEONS OF ENGLAND

January Quarter Sessions, 1874.

LONDON:

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1874.

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CONTENTS.

	PAGE.
Committee of Visitors	4
Report of Committee of Visitors	5
Entry in Visitors' Book of Commissioners in Lunacy ...	11
Letter from Commissioners in Lunacy, *re* Enlargement of Asylum...	15
The Accounts of the Asylum :—	
1. Receipts and Payments	17
2. Benevolent Fund...	18
3. Statement of Payments	19
4. Income and Expenditure	19*
Report of the Resident Physician and Medical Superintendent	20
Statistical Tables :—	
1. Admissions, re-admissions, discharges, and deaths during the year 1873	27
2. Admissions, re-admissions, and discharges from the opening of the Asylum to 31st December, 1873 ...	27
3. Mean annual mortality, and proportion of recoveries, for each year since the opening	28
4. Annual admissions, discharges, and deaths, and numbers of each year remaining	29
5. Causes of death during the year	30
6. Length of residence in those discharged, recovered, and in those who have died...	30
7. Duration of the disorder on admission	31
8. Ages of admissions, discharges, and deaths ...	32
9. Condition as to marriage, &c.	33
10. Probable cause of disorder	34
List of Officers and Servants, their Salaries and Wages...	35
Steward's Returns :—	
Farm account	37
Clothing and bedding issued	38
Employment of male and female patients	39
Consumption of provisions	41
The Dietary Scale	42

COMMITTEE OF VISITORS

Appointed by the Court of Quarter Sessions, holden by adjournment on the 25th January, 1873.

ROBERT BESLEY, Esq., Alderman, Chairman.

The Right Hon. Sir SYDNEY HEDLEY WATERLOW, Bart., Lord Mayor.

Sir JAMES DUKE, Bart., Alderman.

THOMAS CHALLIS, Esq., Alderman.

THOMAS SIDNEY, Esq., Alderman.

Sir DAVID SALOMONS, Bart., M.P., Alderman.

THOMAS QUESTED FINNIS, Esq., Alderman.

Sir ROBERT WALTER CARDEN, Knt., Alderman.

JOHN CARTER, Esq., F.A.S. and F.R.A.S., Alderman.

Sir WILLIAM ANDERSON ROSE, Knt., F.R.G.S. and F.R.S.L., Alderman.

WILLIAM LAWRENCE, Esq., M.P., Alderman.

Sir BENJAMIN SAMUEL PHILLIPS, Knt., Alderman.

Sir THOMAS GABRIEL, Bart., Alderman.

WILLIAM FERNELEY ALLEN, Esq., Alderman.

Sir JAMES CLARKE LAWRENCE, Bart., M.P., Alderman.

Sir THOMAS DAKIN, Knt., Alderman.

Sir SILLS JOHN GIBBONS, Bart., Alderman.

The Right Hon. RUSSELL GURNEY, Q.C., M.P., Recorder.

ANDREW LUSK, Esq., M.P., Alderman.

DAVID HENRY STONE, Esq., Alderman.

WILLIAM JAMES RICHMOND COTTON, Esq., Alderman.

THOMAS SCAMBLER OWDEN, Esq., Alderman.

CHARLES WHETHAM, Esq., Alderman.

Sir FRANCIS WYATT TRUSCOTT, Knt., Alderman.

WILLIAM McARTHUR, Esq., M.P., Alderman.

JOHN WHITTAKER ELLIS, Esq., Alderman.

(Subsequently added)

JAMES FIGGINS, Esq., M.P., Alderman.

JOHN PATERSON, Esq., Alderman.

City of London Lunatic Asylum,

STONE, NEAR DARTFORD, KENT.

—o—

THE ANNUAL REPORT

OF

THE COMMITTEE OF VISITORS,

1873.

—o—

To Her Majesty's Justices of the Peace for the City of London in General Quarter Sessions assembled, by adjournment, on Saturday, the 31st day of January, 1874.

THE COMMITTEE Report that on the 1st day of January, 1873, there were 284 patients in the Asylum.

During the year other patients were admitted, making a total of 322.

Of this number 3 males and 6 females were discharged recovered, 3 males relieved, 3 males and 4 females not improved,

9 males and 8 females died; thus there remained in the Asylum on 31st December last 118 males and 168 females, making a total of 286 patients.

The health of the patients during the year has been very satisfactory, but 17 out of a mean average of 285 having died, some of them at an advanced age.

The Asylum during the past year has not only been full, but has on many occasions had one or two patients in excess of the number for whom proper accommodation could be afforded, and admission has in consequence frequently been refused to patients, thereby necessitating their being received into private Asylums, at an increased expense.

The urgent want of accommodation being manifest, the Committee caused plans to be prepared by the City Architect providing 32 additional beds, at an estimated expense of 4,000*l.*, and forwarded them to the Commissioners in Lunacy for the approval of one of Her Majesty's Principal Secretaries of State, as required by the Lunatic Asylums Act, 1853.

The Committee not having any funds at their disposal out of which the cost of the proposed enlargement could be defrayed, forwarded a resolution to that effect to the Court of Common Council, and on the 29th May last the Court voted the sum required. Subsequently, a communication was received from the Commissioners in Lunacy (which will be found in the appendix), recommending "some more comprehensive scheme likely, for some years at least, to provide for "the annual increase which takes place in the Pauper Lunacy "of the City."

After much consideration and deliberation the Committee adopted the recommendation of the Commissioners, and gave directions for the preparation of new plans, to afford accommodation to the extent of 70 additional beds, at an estimated cost of 9,000*l.*, being an increase of 5,000*l.* upon the original estimate. These particulars were also communicated to the Court of Common Council, and the Committee were authorised by them, on the 6th November last, to draw upon the Chamberlain for the increased amount, thus rendering the levying of a County Rate, which otherwise would have been unavoidable, unnecessary.

The new plans and estimates were forwarded to the Commissioners in Lunacy, and laid by them before the Right Honourable Robert Lowe, the Home Secretary, and received his sanction on the 16th December last.

It is purposed to commence the New Building in the Spring of the year.

Some alterations of a minor character have been made in the Asylum, and others are in progress, which, when completed, will, it is expected, add to the comforts of the inmates.

The proceedings instituted for the recovery of the legacy of 200*l.* bequeathed to the Asylum by the late Miss Elizabeth Bathus proved successful, and that sum (less certain legal charges) having been received, it was considered that the most advisable manner of applying the same would be by forming a Benevolent Fund for the relief of destitute recovered patients, and the amount was accordingly, for that purpose, invested in Consols in the names of Mr. Alderman Besley, the

Chairman, Sir J. C. Lawrence, Bart., M.P., and Benjamin Scott, Esq., the Chamberlain.

Considerable inconvenience having been experienced in consequence of the insufficiency of the supply of Gas, a correspondence ensued with the Dartford Gas Company, which resulted in an arrangement being made, whereby the Committee undertook, upon the Company laying down new and larger mains from the works to the Asylum, to continue to purchase their Gas at the rate of 4*s.* 6*d.* per 1,000 cubic feet for a further period of five years, to be computed from the 1st January inst.

The Committee regret to record the loss they have sustained by the deaths of their respected colleagues, Sir James Duke, Bart., and Sir David Salomons, Bart., M.P. The vacancies thus caused have been filled up by the appointment of Mr. Alderman Figgins, M.P., and Mr. Alderman Paterson.

Mr. Whitfield Perkins, of Camberwell House Private Lunatic Asylum, has been appointed to the office of Assistant Medical Officer, rendered vacant by the resignation of Mr. J. F. Weatherhead, through ill-health. The Committee are desirous of bearing testimony to the efficient and satisfactory manner in which Mr. Weatherhead discharged his duties through the period, nearly four years, during which he held office.

The scale of wages paid to the male servants has been revised; and having regard to the increased rate of household expenses, and also to the wages paid in other Asylums, the Committee made a general advance upon the original scale, to date and take effect from the 1st of January, 1874.

The conduct of the attendants and servants generally has been such as to merit approval, although four cases of misconduct have arisen, all of which have been dealt with—in one case by reprimand, and in the others by dismissal.

The Commissioners in Lunacy made their annual inspection on the 26th November last, and a copy of the observations entered by them in the Visitors' Book on that occasion is appended.

For further information respecting the management of the Asylum, the health and general conduct of the patients, reference is, as in former years, made to the Report of the Medical Superintendent.

The Medical Superintendent (Dr. Jepson) and the Officers have discharged their respective duties so as to merit the continuance of the confidence hitherto reposed in them.

Dated this 23rd day of January, 1874.

ROBERT BESLEY, Chairman.
THOMAS Q. FINNIS.
JAS. CLARKE LAWRENCE.
THOMAS S. OWDEN.
J. WHITTAKER ELLIS.
JOHN PATERSON.
WILLIAM LAWRENCE.
JAMES FIGGINS.
THOMAS DAKIN.

Copy of Entry made by

THE COMMISSIONERS IN LUNACY

in the Visitors' Book of the Asylum.

City of London Asylum,
November 26th, 1873.

The number of patients at present on the Books of this Asylum, all of whom we have seen to-day, is 288, viz., 120 men and 168 women. These numbers show an excess of 2 on the male side and 1 on the female, beyond the accommodation for which the Asylum is calculated to provide. The admissions, discharges, and deaths since the last visit here, 12 months ago, are as follows :—

	M.	F.	Total.
Admitted - - - -	24	23	47
Discharged - - - -	10	13	23
of whom had recovered -	6	8	14
Died - - - - -	11	8	19

In every case of death a post-mortem examination was made. No inquest has been held. Two accidents have occurred, both to male patients. The first happened in September last, under the following circumstances: a patient endeavoured to close a door that was open between two of the wards, which one of the attendants wished to prevent, and a struggle ensued between the two, during which the attendant's hand became jammed by the door, which the

patient persisted in pushing to. With the hand that was disengaged the attendant pulled the patient back, who accidentally tripped over his foot, fell, and dislocated the left clavicle.

The case was made the subject of particular inquiry by the Committee, who satisfied themselves that the attendant was not to blame. The second accident, which took place about a fortnight since, and to which our attention was directed by Dr. Jepson, occurred thus: a patient attacked one of the attendants with a can, who, to protect himself, closed with him; the patient fell, and when down, got his arm round the leg of a sofa. A second attendant came to the assistance of the first, and in their efforts to disengage the man's arm from the leg of the sofa, it is supposed that it must have been broken; the fracture, however, was not discovered until next morning. Dr. Jepson fully inquired into all the particulars, and came to the conclusion that blame did not attach to the attendants. We also made some inquiries, and it appears that the occurrence was accidental.

The recorded instances of seclusion are, 1 man on one occasion, and 2 women, each on one occasion also, and in every case for very short periods. There has been no restraint. Those at present under medical treatment are, on the male side 6, and on the female 9.*

The condition of the Asylum was, in respect of ventilation and cleanliness, throughout perfectly satisfactory. The sitting rooms were well warmed, and in addition to being

* We found 3 men and 9 women in bed as we passed through the wards, one of the men being the patient above alluded to as having broken his arm.

comfortably furnished and well provided with books, &c., are rendered cheerful by a very liberal supply of plants. The bedding allowed for each patient is good and sufficient, and is kept in excellent order.

The patients themselves, judging from their dress and appearance, are evidently well attended to as regards habits of personal cleanliness. They seemed well in bodily health. We had, as usual, many complaints of their detention here, but none of their not having opportunities of preferring these to the Committee. In other respects they seemed well contented, and were, in their behaviour, very free from excitement.

We saw 151 of them, 74 men and 77 women, at dinner together in the Hall. The dinner consisted of roast or boiled beef, with potatoes, and beer; it was well cooked, and seemed to give satisfaction. The beer now supplied is different to that provided at the time of the last visit, and is good.

The number of those employed in useful occupation are, of the men 65, and of the women 106.

Parties of each sex are taken out beyond the grounds for walking exercise on three days in the week. The means of their amusement indoors in the way of dances, &c., continue the same as have been mentioned in previous Reports. There was also, during the Summer, a picnic party (attended by about 50 of both sexes) in the grounds of a gentleman living in the neighbourhood, who kindly allowed it to be held there, and also provided refreshments for the patients.

There is no special arrangement for the care of the Epilep-

tics at night. They are, however, on each side, as far as practicable, placed together in a ward which is next to the rooms where the night attendants sit between going their rounds. The duties of these attendants seem to be efficiently performed, and last night's returns show only one wet case.

The appearance and comfort of many of the corridors and rooms is much improved by the further laying down of Linoleum, of a neat pattern.

In the Female Ward No. 8, at present occupied by 26 patients, there is but one water-closet. What is now used as a scullery might be converted into two water-closets, and the existing water-closet might be made into the scullery. We think this would be a desirable alteration, which we beg to suggest for the consideration of the Committee.

The arrangements for Divine Service are as before reported, and the attendance last Sunday was, according to the Chaplain's Report, in the morning 42 men and 68 women, and in the evening 37 of the former and 74 of the latter.

The favourable Report which the result of our inspection enables us to make, shows that this Asylum continues to be managed with great zeal and kindness.

GREVILLE HOWARD, } Commissioners
ROBERT NAIRNE, } in Lunacy.

(Communication from Commissioners in Lunacy with reference to affording increased accommodation.)

OFFICE OF COMMISSIONERS IN LUNACY,
19, WHITEHALL, S.W.,
June 24th, 1873.

SIR,

I am directed by the Commissioners in Lunacy to transmit for the information of the Visitors of the City of London Asylum, a Memorandum of an interview between two Members of the Board and Dr. Jepson and a gentleman from the City Architect's Office.

I am, SIR,
Your obedient Servant,
C. S. PERCIVAL,
Secretary.

H. YOULE, Esq.

MEMORANDUM.

23rd June, 1873.

Dr. Jepson and Mr. Bailey, representing the City Architect, attended by appointment in reference to the proposed enlargement of the female division of the City of London Asylum. According to the present plan additional accommodation will be provided for 34 female patients, but as 22 women now occupy a dormitory in the male division, there

will only be an absolute gain of 12 additional beds, a number, in our opinion, quite insufficient to provide for the prospective wants of the City.

We, therefore, strongly recommend the Visitors to reconsider the subject of the extension of this Asylum, with the view of carrying out some comprehensive scheme likely, for some years at least, to provide for the annual increase which takes place in the pauper lunacy of the City.

Some increase to the space of single rooms is no doubt desirable, but unless the better lighting of the corridor is provided for, as suggested, by substituting windows in the place of two single rooms, we think that they should be limited to four additional rooms on each floor, instead of eight as originally proposed. By adopting this, the corridor will probably be sufficiently lighted by one large end window.

We have had some conversation with Dr. Jepson and Mr. Bailey as to the best mode of providing the additional accommodation for the sick, and have suggested that this should be by means of a small well-managed Infirmary, connected by a corridor with the western extremity of the present building. These suggestions appear to meet Dr. Jepson's views, and Mr. Bailey promised to prepare sketches for the consideration of the Visitors.

CITY OF LONDON LUNATIC ASYLUM.

Dr. Receipts and Payments for the Year ending 31st December, 1873. *Cr.*

RECEIPTS.

	£	s.	d.
To Cash received for Maintenance of Patients chargeable to the Corporation of London ...	1,322	1	0
City of London Union	9,047	2	0
Unions and Parishes not contributing ...	68	18	5
To Sundry sales of Stores, &c.	154	8	11
,, Cash received for Repairs, Alterations, and Additions	428	14	9
,, Balance due to Treasurer, 31st December, 1873	2,814	16	8
	£13,836	1	9

PAYMENTS.

	£	s.	d
By Balance due to Treasurer 31st December, 1872	1,839	5	5
,, Cash paid for Provisions	5,042	1	9
,, House and other Expenses	3,182	12	3
,, Clothing	508	6	1
,, Salaries and Wages	2,495	18	4
,, Medicines, Wines, Spirits, and Porter	314	19	9
,, Incidentals	94	3	10
,, Repairs, Additions, and Alterations	358	14	4
	£13,836	1	9

Examined,

ROBERT BESLEY, *Chairman.*
THOMAS Q. FINNIS.

BENEVOLENT FUND.

Dr.	£	*s.*	*d.*	*Cr.*	£	*s.*	*d.*
To Legacy under the Will of the late Miss Bathus	200	0	0	By Legacy Duty on Miss Bathus' Legacy	19	3	0
				,, Expenses, Solicitor's charges	0	17	6
				,, Invested in Consols	179	19	6
	£200	0	0		£200	0	0

Examined,

ROBERT BESLEY, *Chairman.*
THOMAS Q. FINNIS.

CITY OF LONDON LUNATIC ASYLUM.

INCOME and EXPENDITURE for the Year ending 31st December, 1873.

INCOME.

HEADS OF INCOME.	Quarters ending 31st March.	Quarters ending 30th June.	Quarters ending 30th Sept.	Quarters ending 31st Dec.	Year ending 31st Dec.	Total.
	From Weekly Rate.					
	£ s. d.	£ s. d.	£ s. d.	£ s. d.	£ s. d.	£ s. d.
To Balance from 1872	...	...	...	...	...	105 14 8
From the City of London—						
Received for Maintenance ...	330 8 0	319 17 0	331 8 0	...	981 13 0	
Due for ditto ...	...	...	...	332 4 0	332 4 0	1313 17 0
From the City of London Union—						
Received for Maintenance ...	2227 18 0	2264 4 0	2283 0 0	...	6775 2 0	
Due for ditto ...	...	...	...	2279 9 0	2279 9 0	9054 11 0
From Unions and Parishes not contributing—						
Received for Maintenance ...	4 14 8	3 14 0	28 3 9	...	36 12 5	
Due for ditto ...	...	...	...	6 4 0	6 4 0	42 16 5
Total Income from Weekly Rate...	2563 0 8	2587 15 0	2642 11 9	2617 17 0	10,411 4 5	10,516 19 1
From City of London.						
To Cash received for ordinary repairs of the Asylum under the Act 16 and 17 Vict. cap. 97, sec. 38 ...						428 14 9
						10,945 13 10
To Balance						347 10 0
						11,293 3 10

EXPENDITURE.

HEADS OF EXPENDITURE.		Total.
From Weekly Rate.		
	£ s. d.	£ s. d.
By Cash paid for Provisions ...	4677 17 4	
By Cash paid for House Expenses	2861 17 9	
By Cash paid for Clothing ...	508 6 1	
By Cash paid for Salaries and Wages...	2495 18 4	
By Cash paid for Wines, Medicines, Spirits, and Porter	314 19 9	
By Cash paid for Incidentals ...	94 3 10	
	10,953 3 1	
Less		
Cash repaid by sale of Stores, &c.	154 8 11	10,798 14 2
From City of London.		
By Cash paid for Labour ...	78 6 3	
By Cash paid for Materials ...	265 13 1	
Due for ditto ...	150 10 4	494 9 8
		11,293 3 10
		11,293 3 10

Examined,

ROBERT BESLEY, *Chairman.*
THOMAS Q. FINNIS.

A detailed Statement of Payments for the year ending 31st December, 1873.

	£	s.	d.	£	s.	d.
Provisions.						
Meat	1,878	12	10			
Do. Preserved	81	7	1			
Bacon, Butter, Cheese, and Groceries	1,005	17	2			
Flour...	863	11	6			
Tea, Coffee, and Cocoa	219	16	1			
Milk	284	4	7			
Beer	428	3	6			
Potatoes	60	0	0			
Farm	202	19	5			
Sundries	17	9	7			
				5,042	1	9
House and other Expenses.						
Fire Wood	34	13	0			
Coals and Coke	1,369	17	9			
Gas Light	468	13	11			
Soap, Soda, &c.	163	0	11			
Brooms, Brushes, &c.	43	10	0			
Earthenware	61	17	11			
Ironmongery, &c.	114	2	2			
Bedding, Furniture, &c.	267	8	8			
Stationery and Printing	92	13	5			
Books and Periodicals	25	2	6			
Postages	14	3	5			
Carriage of Goods	19	0	7			
Patients on Trial	13	9	0			
Recapture of Patients	0	17	3			
Amusements of Patients	10	18	6			
Funeral Expenses	12	16	0			
Rates and Taxes	18	15	7			
Travelling Expenses	37	7	6			
Insurance	6	0	0			
Hydrants and Main	210	12	0			
Floor Cloth (Linoleum)	192	4	5			
Sundries	5	7	9			
				3,182	12	3
Clothing				508	6	1
Salaries and Wages.						
Officers' Salaries	1,121	14	8			
Attendants and Servants' Wages	1,374	3	8			
				2,495	18	4
Medicines, &c.						
Drugs and Surgical Instruments	91	7	3			
Wines, Spirits, and Porter...	223	12	6			
				314	19	9
Incidentals				94	3	10
Repairs, Additions, and Alterations.						
Labour	78	6	3			
Timber	51	2	1			
Iron	71	1	11			
Glass	11	5	3			
Paints	21	12	3			
Bricks, Cements, &c.	67	10	8			
Assurance	26	5	9			
Sundries	31	10	2			
				358	14	4
				£11,996	16	4

Examined,

ROBERT BESLEY, *Chairman.*

THOMAS Q. FINNIS.

EIGHTH ANNUAL REPORT

OF THE

RESIDENT PHYSICIAN AND MEDICAL SUPERINTENDENT.

The Medical Superintendent has the honour of laying before the Committee of Visitors his Eighth Annual Report.

There are in the Asylum this day 286 patients, viz. :—118 males, 168 females, against 119 males and 166 females who were under treatment on the first day of the year. The variation in the numbers of those resident has, for reasons which will presently appear, been exceedingly small, the mean average of patients throughout the year having been 285—118 males, 167 females—the ratio being in exact proportion to the amount of accommodation at present available.

From the above statement it will be evident that the Asylum has always been full, and, in consequence, admission was denied to many pressing cases, for whom accommodation had to be sought by the Relieving Officers elsewhere; about 30 patients have had thus to be provided for, while only 38—17 males, 21 females—have been received into this

Institution; these numbers correspond very closely with those of the deaths and discharges, and in fact a vacancy was no sooner created than it was filled.

There has been but one re-admission this year, that of a male patient, who for a long period while here appeared mentally convalescent, but who speedily relapsed after being released from the care and discipline of the Asylum.

The discharges amount to but 19—9 male, 10 female—of whom only 3 males and 6 females were recovered, 3 males relieved, and 3 males, 4 females not improved, were removed to other Asylums, having been made chargeable to Parishes beyond the City. It is a matter of regret that the percentage of recoveries, only 23·68, should be so low, but this result must be attributable to the paucity of recent admissions, and the unsatisfactory nature of the cases admitted, in many of which insanity had existed for a lengthened period, while in others the age of the patients precluded all hope of a recovery being effected.

The deaths have amounted to 17—9 male, 8 female—against 6 male and 7 female in the previous year, when it was remarked that the percentage upon the numbers resident was lower than it had ever been. The number of deaths this year, though in excess of that of the previous one—the percentage being 5·96 against 4·57—is still lower than the average in this and other Asylums, and it is a circumstance worthy of remark that no death has now occurred for nearly four months. The cause of death in every instance has been natural decay, and no inquest has been held.

The crowded state of the Asylum, and its too evident

inadequacy to meet the requirements for which it was purposed, rendered the postponement of its enlargement no longer possible. Plans have, therefore, been prepared by the City Architect, submitted to the Commissioners in Lunacy, and approved by the Secretary of State for the Home Department, but too late to admit of any works being commenced until the Spring. It is proposed to build a new Infirmary at the western extremity of the Female Wing, and to enlarge the present one, rendering it suitable for the classifying together of the whole of the female epileptics. These additions will increase the accommodation by 70 beds, and will allow of the ward in the male division, now filled by 22 females, being restored to its legitimate occupancy.

Among the structural improvements which have been adopted during the past year may be enumerated the re-laying of the whole of the wards, corridors, and passages with new Linoleum; that now laid down is double the thickness of the original, which had been in use since the opening of the Asylum, and, though the outlay has been considerable, it is believed that economical advantage will eventually be gained by the Institution. A new crank has been fitted to one of the two sets of pumps in the well, and at the same time new stages were erected throughout its depth, the old ones having been found to be decayed and insecure. These alterations, apparently insignificant in themselves, were not carried out without much labour and anxiety, but were happily accomplished without accident of any kind.

Among the casualties incident to the assembling together of many very impulsive patients, two only have taken place

which require a word of comment; in one instance a patient received a dislocation of the right collar bone through falling over the foot of an attendant with whom he was struggling, and endeavouring to injure; in the other, a very excited and unmanageable patient sustained a fracture of the right fore-arm, while violently resisting the efforts of two attendants to undress him; both cases were made the subject of minute inquiry—in the latter by the Commissioners in Lunacy themselves, at their visit—and in each the cause was deemed unavoidable.

Four instances of escape have occurred, and on each occasion the patient was brought back to the Asylum within a short period. The plan of liberally rewarding those through whose agency escaped patients have been retaken, has stimulated the residents in the neighbourhood of the Asylum to surprising diligence in giving information and assistance, while, on the other hand, increased watchfulness on the part of the attendants has been occasioned through strict enforcement of the rule which provides for the repayment of the expenses incurred in retaking a patient, wholly or in part, according to the circumstances of the case, by the official through whose negligence the escape has been effected.

The duties of the attendants and other servants of the Institution have, with some exceptions, been very satisfactorily performed. A great boon has been conferred upon the males, most of whom are married, by an addition of £3 annually to their wages; the increased price of provisions, and, indeed of all necessary articles, pointed out the necessity for this advance, which has also been extended in a pro-

portionate degree to the artisans and labourers. It is hoped that the liberality of the Committee of Visitors will meet with a warm response in increased zeal and activity being shown by all who are thus benefited.

The Commissioners in Lunacy paid their statutory visit to the Asylum on November 26th ; they again recorded their approval of its management, and of the satisfactory condition of the patients and the wards.

The Winter Entertainments provided for the amusement of the patients have been conducted as hitherto. In the month of July last an invitation was received from Thos. Ronaldson, Esq., for a picnic to be held in his grounds at Sutton Place, near Dartford. About 50 patients of both sexes were able to avail themselves of it, and were conveyed to his residence in three large vans, hired for the occasion, their attendants and the Asylum Band accompanying them. A liberal repast was provided for their refection, which was succeeded by dancing on the Lawn, and before returning home in the evening cordial thanks were heartily expressed to their hospitable entertainers for so generous a treat, the value of which to the mentally afflicted can scarcely be over-estimated.

Mr. J. F. Weatherhead, who has filled the office of Assistant Medical Officer for nearly four years, has resigned his appointment, and will leave as soon as his services can be dispensed with. The Medical Superintendent desires to take this opportunity of testifying his appreciation of the conscientious manner in which Mr. Weatherhead's duties have been performed; uniformly zealous and untiring in

their execution, his loss to the Institution will be personally felt by all with whom he was associated.

The Medical Superintendent again proffers his cordial thanks to all the officers for courteous aid on every occasion.

OCTAVIUS JEPSON, M.D.

December 31*st*, 1873.

APPENDIX.

TABLE I.

Showing the Admissions, Re-admissions, Discharges, and Deaths, during the Year 1873.

	M.	F.	T.	Male.	Female.	Total.
In Asylum, 1st January, 1873				119	165	284
Admitted the first time during the year	16	21	37			
Re-admitted during the year ...	1	...	1			
Total admitted				17	21	38
Total under care during the year				136	186	322
Discharged or removed :—	M.	F.	T.			
Recovered	3	6	9			
Relieved	3	...	3			
Not improved	3	4	7			
Died	9	8	17			
Total discharged during the year				18	18	36
Remaining in the Asylum, December 31st				118	168	286
Average numbers resident during the year				118·14	166·66	284·80

TABLE II.

Showing the Admissions, Re-admissions, Discharges, and Deaths, from the opening of the Asylum to the present date, December 31st, 1873.

	M.	F.	T.	Male.	Female.	Total.
Persons admitted during the period of $7\frac{9}{12}$ years...				335	340	675
Re-admissions				9	23	32
Total cases admitted				344	363	707
Discharged or removed :—	M.	F.	T.			
Recovered	51	67	118			
Relieved	12	10	22			
Not improved	85	62	147			
Died	78	56	134			
Total discharged during the $7\frac{9}{12}$ years				226	195	421
Remaining December 31st, 1873				118	168	286
Average number resident during $7\frac{9}{12}$ years ...				118·18	142·75	260·93

TABLE III.

Showing the Admissions, Discharges, and Deaths, with the mean annual proportion of Recoveries *per cent.* of the Admissions for each year since the opening of the Asylum.

Year.	Admitted.			Discharged.									Died.			Remaining 31st December in each year.			Average Number Resident.			Percentage of Recoveries on Admissions.			Percentage of Deaths on Average Numbers Resident.		
				Recovered.			Relieved.			Not Improved.																	
	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.
1866	112	108	220	1	1	2	1	1	2	1	...	1	2	1	3	107	105	212	73·9	84·9	158·8	0·89	0·92	0·90	2.7	1·17	1·88
1867	50	64	114	10	15	25	1	1	2	1	6	7	15	7	22	130	140	270	123·0	130·0	253·0	20·0	23·4	21·9	12.19	5·38	8·69
1868	61	46	107	5	9	14	1	2	3	44	29	73	7	9	16	134	137	271	132·0	139·0	271·0	8·19	19·56	13·08	5·29	6·47	5·9
1869	26	25	51	8	6	14	2	2	4	8	7	15	18	5	23	124	142	266	130·0	141·0	271·0	30·76	24·0	27·47	13·79	3·54	8·15
1870	24	27	51	5	10	15	...	...	...	8	10	18	11	8	19	124	141	265	121·94	143·79	265·73	20·83	37·03	28·10	9·02	5·56	7.14
1871	33	49	82	10	12	22	3	3	6	17	5	22	10	11	21	116	159	275	116·27	153·23	269·5	33·3	24·48	26·8	8·59	7·17	7·79
1872	21	23	44	8	8	16	1	1	2	3	1	4	6	7	13	119	165	284	118·09	165·70	283·79	38·09	34·78	36·36	5·04	4·24	4·57
1873	17	21	38	3	6	9	3	...	3	3	4	7	9	8	17	118	168	286	118·14	166·66	284·80	17·64	28·57	23·68	7·61	4·08	5·96
Total	344	363	707	50	67	117	12	10	22	85	62	147	78	56	134	...	...	...	...	...	...	...	...	...	...	...	...

TABLE IV.

Showing the History of the Annual Admissions since the opening of the Asylum, with the Discharges and Deaths, and the number in each year remaining on the 31st December of the year reported on.

Year.	Admitted. New Cases. Male.	Admitted. New Cases. Female.	Admitted. Relapsed Cases. Male.	Admitted. Relapsed Cases. Female.	Admitted. Total.	Of each year's Admissions, Discharged and Died in 1873. Recovered. Male.	Recovered. Female.	Recovered. Total.	Relieved. Male.	Relieved. Female.	Relieved. Total.	Not Improved. Male.	Not Improved. Female.	Not Improved. Total.	Died. Male.	Died. Female.	Died. Total.	Total Discharged and Died of each year's Admissions to 31st December. Recovered. Male.	Recovered. Female.	Recovered. Total.	Relieved. Male.	Relieved. Female.	Relieved. Total.	Not Improved. Male.	Not Improved. Female.	Not Improved. Total.	Died. Male.	Died. Female.	Died. Total.	Remaining of each year's Admissions 31st December. Male.	Remaining. Female.	Remaining. Total.
1866	112	108	...	...	220	...	...	...	...	...	...	...	...	...	1	3	4	6	12	18	3	2	5	36	9	45	31	31	62	36	54	90
1867	50	62	...	2	114	...	...	...	...	...	...	...	...	...	...	...	...	12	12	24	1	3	4	28	37	65	6	7	13	3	5	8
1868	60	41	1	5	107	...	1	1	...	...	...	...	...	...	1	1	2	6	16	22	2	5	7	6	6	12	17	6	23	30	13	43
1869	26	20	...	5	51	...	...	...	...	...	...	...	...	...	...	1	1	6	8	14	2	...	2	4	4	8	7	2	9	7	11	18
1870	23	24	1	3	51	...	...	...	...	...	...	...	...	...	...	...	...	4	4	8	1	...	1	4	2	6	5	1	6	10	20	30
1871	30	43	3	6	82	2	1	3	1	...	1	...	2	2	1	1	2	11	7	18	1	...	1	3	2	5	5	5	10	13	35	48
1872	18	21	3	2	44	1	3	4	1	...	1	1	1	2	5	1	6	6	7	13	1	...	1	2	1	3	6	3	9	6	12	18
1873	1	21	1	...	38	...	1	1	1	...	1	2	1	3	1	1	2	...	1	1	1	...	1	2	1	3	1	1		13	18	31
Total	335	340	9	23	707	3	6	9	3	...	3	3	4	7	9	8	17	51	67	118	12	10	22	85	62	147	78	56	134	118	168	286

Summary of the Total Admissions, 1866-7-8-9-70-1-2-3.

	Male.	Female.	Total.
Percentage of cases Recovered	14·83	18·46	16·69
" " Relieved	3·48	2·75	3·12
" " Not Improved...	24·71	17·06	20·79
" " Dead	22·67	15·41	18·95
" " Remaining	34·31	46·32	40·45
	100·00	100·00	100·00

TABLE V.

Showing the causes of Death during the Year 1873.

Causes of Death.	Male.	Female.	Total.
Cerebral or Spinal :—			
General Paralysis	3	1	4
Epilepsy	1	...	1
Sanguineous Apoplexy	1	1	2
Exhaustion of Mania	1	...	1
Thoracic :—			
Pleuro-Pneumonia	1	1	2
Pulmonary Consumption	1	1	2
Pleurisy	...	1	1
Heart Disease	...	1	1
Erysipelas	1	...	1
Suppurative Parotides with Ovarian Disease	...	1	1
Debility, the result of Epilepsy	...	1	1
Total	9	8	17

TABLE VI.

Showing the length of Residence in those Discharged, Recovered, and in those who have Died during the Year 1873.

Length of Residence.	Recovered.			Died.		
	Male.	Female.	Total.	Male.	Female.	Total.
Under 1 month...	...	...	...	1	...	1
From 1 to 3 months	...	...	...	1	2	3
From 3 to 6 months	...	1	1	1	...	1
From 6 to 9 months	...	3	3	1	...	1
From 9 to 12 months	1	...	1	1	...	1
From 1 to 2 years	1	...	1	1	1	2
From 2 to 3 years	1	1	2	1	...	1
From 3 to 4 years	...	...	...	...	1	1
From 4 to 5 years	...	1	1	1	1	2
From 5 to 6 years	...	...	...	...	...	...
From 6 to 7 years	..	...	...	1	1	2
From 7 to 8 years	...	..	...	...	2	2
Total	3	6	9	9	8	17

TABLE VII.

Showing the Duration of the Disorder on Admission, in the Admissions, Discharges, and Deaths, during the Year 1873.

Class.	Duration of Disease on Admission, in Four Classes.											
	On Admission.			Recovered.			Removed, Relieved, or otherwise.			Died.		
	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.
First Class. First attack, and within three months on admission	1	3	4	1	1	2	1	...	1	2	1	3
Second Class. First attack, above three and within twelve months on admission	1	3	4	1	1	2	...	...	...	3	...	3
Third Class. Not first attack, and within twelve months on admission	3	3	6	1	1	2	2	...	2	1	1	2
Fourth Class. First attack or not, but of more than twelve months on admission	7	1	8	...	...	...	1	3	4	1	2	3
Not ascertained	5	11	16	...	3	3	2	1	3	2	4	6
Total	17	21	38	3	6	9	6	4	10	9	8	17

TABLE VIII.

Showing the Ages of the Admissions, Discharges, and Deaths during the Year.

Ages.	The Admissions.			The Discharges.						The Deaths.		
				Recovered.			Removed, Relieved, or otherwise.					
	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.
From 5 to 10 years	...	...	...	...	...	...	...	...	...	...	...	...
„ 10 „ 15 „	...	...	...	...	...	...	...	...	...	...	...	...
„ 15 „ 20 „	...	2	2	...	...	...	...	...	...	...	1	1
„ 20 „ 30 „	1	2	3	1	2	3	...	...	...	...	...	...
„ 30 „ 40 „	6	3	9	...	1	1	1	1	2	4	...	4
„ 40 „ 50 „	4	1	5	1	1	2	1	...	1	1	2	3
„ 50 „ 60 „	...	1	1	...	...	...	1	...	1	...	...	...
„ 60 „ 70 „	2	2	4	1	...	1	...	...	...	1	...	1
„ 70 „ 80 „	...	1	1	...	...	...	...	...	...	1	...	1
„ 80 „ 90 „	...	...	...	...	...	...	...	...	...	...	...	...
„ 90 and upwards...	...	...	..	...	...	...	...	...	...	...	...	...
Not stated	4	9	13	...	2	2	3	3	6	2	5	7
Total	17	21	38	3	6	9	6	4	10	9	8	17

TABLE IX.

Condition as to Marriage, in the Admissions, Discharges, and Deaths during the Year.

Condition in reference to Marriage.	The Admissions.			The Discharges.						The Deaths.		
				Recovered.			Removed, Relieved, or otherwise.					
	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.
Single	8	6	14	1	3	4	1	3	4	4	1	5
Married	7	5	12	2	1	3	1	...	1	4	2	6
Widowed	...	1	1	...	...	...	1	...	1	...	1	1
Not ascertained	2	9	11	...	2	2	3	1	4	1	4	5
Total	17	21	38	3	6	9	6	4	10	9	8	17

TABLE X.

Showing the probable causes, apparent or assigned, of the Disorder, in the Admissions, Discharges, and Deaths during the Year 1873.

Causes.	The Admissions.			The Discharges.						The Deaths.		
				Recovered.			Removed, Relieved, or otherwise.					
	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.
Moral—												
Mental Anxiety	...	1	1	...	...	...	...	...	...	...	...	...
Grief at Death of Child	...	1	1	...	...	...	...	...	...	...	...	...
Religious excitement	...	...	...	...	1	1	...	...	...	...	...	...
Seduction	...	...	...	...	...	...	...	1	1	...	...	...
Physical—												
Hereditary	9	2	11	2	1	3	1	...	1	6	2	8
Previous Attacks	...	2	2	...	2	2	1	...	1	...	1	1
Epilepsy	...	...	...	...	...	...	...	...	...	...	1	1
Hyper-lactation	...	1	1	...	1	1	...	...	...	...	...	...
Senile Mania	...	1	1	...	...	...	...	...	...	1	...	1
Congenital	...	...	...	...	...	...	1	2	3	...	...	...
Not Ascertained	8	13	21	1	1	2	3	1	4	2	4	6
Total	17	21	38	3	6	9	6	4	10	9	8	17

ESTABLISHMENT.

CITY OF LONDON LUNATIC ASYLUM,

31st December, 1873.

	Officers.	Per Annum.		
1	*Medical Superintendent	£500	0	0
1	Chaplain	200	0	0
1	†Assistant Medical Officer	120	0	0
1	†Clerk and Steward	200	0	0
1	†Housekeeper	60	0	0
1	Clerk to Committee of Visitors	50	0	0
6		£1,130	0	0

	Servants—Male.								
1	‡Head Attendant	at	£50	0	0	*per ann.*		£50	0	0
1	‡Night ditto	at	30	0	0	,,		30	0	0
2	‡1st Class ditto	at	37	0	0	,,	each	74	0	0
1	‡ditto ditto	at	33	0	0	,,		33	0	0
1	‡ditto ditto	at	31	0	0	,,		31	0	0
1	‡ditto ditto	at	29	0	0	,,		29	0	0
1	‡2nd Class ditto	at	24	0	0	,,		24	0	0
4	‡ditto ditto	at	22	0	0	,,	each	88	0	0
1	‡Tailor ditto	at	40	0	0	,,		40	0	0
1	‡Upholsterer ditto	at	30	0	0	,,		30	0	0
1	‡Hall Porter	at	30	0	0	,,		30	0	0
1	§Engineer	at	2	0	0	*per week*		104	0	0
1	‖Store Porter	at	1	1	0	,,		54	12	0
1	Carpenter	at	1	10	0	,,		78	0	0
1	Shoemaker	at	1	5	0	,,		65	0	0
1	Baker	at	1	5	0	,,		65	0	0
1	Gardener	at	1	5	0	,,		65	0	0
1	Assistant Engineer	at	1	7	6	,,		71	10	0
2	Labourers	at	0	18	0	,,	each	93	12	0
1	Bricklayer, as required									
25								£1,055	14	0

* With house, coals, gas, washing, and vegetables.
† With board, lodging, and washing.
‡ With board, lodging, washing, and uniform.
§ With lodging, coals, and gas.
‖ With use of lodge, coals, and gas.

	Servants—Female.							Per Annum.		
1	†Head Attendant	at	£35	0	0	*per ann.*		£35	0	0
1	†Night ditto	at	20	0	0	,,		20	0	0
1	†1st Class ditto	at	22	0	0	,,		22	0	0
1	†ditto ditto	at	21	0	0	,,		21	0	0
1	†ditto ditto	at	20	0	0	,,		20	0	0
1	†ditto ditto	at	18	0	0	,,		18	0	0
1	†ditto ditto	at	19	0	0	,,		19	0	0
7	†2nd Class ditto	at	15	0	0	,,	each	105	0	0
1	†Head Laundress	at	20	0	0	,,		20	0	0
1	†Under ditto	at	19	0	0	,,		19	0	0
1	†ditto ditto	at	15	0	0	,,		15	0	0
1	†Cook	at	25	0	0	,,		25	0	0
1	†Kitchenmaid	at	14	0	0	,,		14	0	0
1	†Housemaid	at	14	0	0	,,		14	0	0
20	Females							367	0	0
25	Males							1,055	14	0
6	Officers							1,130	0	0
51	Total.							£2,552	14	0

† With board, lodging, and washing.

ROBERT R. DWELLY,

Clerk and Steward.

1*st January*, 1874.

CITY OF LONDON LUNATIC ASYLUM.

Farm Account for the Year ending 31st December, 1873.

Dr. *Cr.*

INCOME.

	£	s.	d.	£	s.	d.
To Pork supplied to House 5,921 lbs. ...	218	2	3			
„ Potatoes	116	16	6			
„ Beans and Peas	18	15	10			
„ Parsnips	11	10	9			
„ Carrots	3	3	4			
„ Cabbages and other Vegetables ...	97	0	1			
„ Fruit	4	1	3			
„ Salad and Herbs	9	5	8			
„ Onions and Leeks	5	3	1			
„ Turnips	3	0	3			
„ Hay	7	17	6			
„ Mangold Wurtzel	0	16	0			
„ Vegetables supplied to the Medical Superintendent	9	10	6			
				505	3	0

EXPENDITURE.

	£	s.	d.	£	s.	d.
By Implements and Straw	46	15	7			
„ Garden Seeds and Plants	11	13	10			
„ Storing and Killing Pigs	5	15	0			
„ Grains and Toppings	93	3	6			
„ Manure Carting and Ploughing ...	43	11	0			
„ Quick set Plants and Hurdles ...	2	0	6			
„ Wages	127	17	1			
„ Balance in favour of Farm	174	6	6			
				505	3	0

1872. December 31st. Estimated value of Store, Sow, and other Pigs £106 11 0
1873. „ „ Ditto ditto £98 0 0

ROBERT R. DWELLY, Clerk and Steward.

STEWARD'S RETURNS.

A Return of Bedding, &c., and Clothing, issued from the Stores for the Year ending 31st December, 1873.

Males.		Females.	
Bedsackings ...	16	Bedsackings ...	19
Blankets	12	Blankets	7
Carpets	57	Carpets	18
Counterpanes ...	10	Counterpanes ...	7
Curtains	2	Curtains.	—
Pillow Cases ...	73	Pillow Cases ...	103
Pillows	5	Pillows	7
Sheets	60	Sheets	93
Ditto Macintosh ...	2	Ditto Macintosh ...	1
Table Covers ...	3	Table Cloths ...	14
Towels	80	Ditto Covers ...	3
Valances	—	Towels	148
Window Blinds ...	8	Valances	20
Sundries	—	Window Blinds ...	10
Aprons	11	Aprons and Pinafores	184
Braces	59	Ditto Laundry ...	12
Boots and Shoes, pairs	143	Boots and Shoes, pairs	226
Caps and Hats ...	184	Bonnets, Hats and Hoods	76
Drawers, Flannel, pairs	44	Caps	80
Gloves	13	Chemises	150
Jackets	60	Drawers, pairs ...	20
Neckerchiefs ...	149	Gloves	—
Pocketkerchiefs ...	201	Gowns	169
Shirts	178	Ditto, Night ...	38
Ditto Flannel ...	31	Jackets and Shawls	18
Ditto Strong ...	5	Neckerchiefs ...	47
Socks & Stockings, pairs	194	Petticoats	60
Suit, Corduroy ...	1	Pocketkerchiefs ...	107
Trousers	62	Stays, pairs ...	35
Waistcoats	53	Stockings, pairs ...	174

A Return of Clothing, &c., made up by the Female Patients, for the Year ending 31st December, 1873.

NEW WORK.

Aprons	133	Pinafores	42
Boots & Shoes, bound prs.	38	Pillow Cases ...	199
Bonnets & Hats, trimmed	42	Pocketkerchiefs ...	388
Bed Tickens ...	2	Neckerchiefs ...	180
Caps	40	Sheets	136
Chemises	49	Shirts	179
Curtains	14	Slops	2
Carpets bound ...	13	Table Cloths ...	21
Drawers, pairs ...	64	Ditto Covers ...	5
Gowns	180	Ditto ditto knitted	1
Ditto re-made ...	40	Towels	193
Hoods	10	Valences	20
Jackets	2	Vests	44
Night Dresses ...	42	Window Draperies knitd.	12
Petticoats	74	Ditto Blinds ...	22

REPAIRS.

Chemises	600	Sheets	700
Flannel Garments...	800	Pillow Cases ...	300
Gowns	500	Shirts	4,000
Stockings	400	Sundries	500

TAILORS.

New Work.		Repairs.	
Jackets	62	Jackets & Coats ...	363
Waistcoats... ...	46	Waistcoats... ...	291
Trousers	51	Trousers	1,587
Cord Suit	1	Cord Suits... ...	84
Canvas Jacket ...	1	Canvas Jackets ...	5
Leggings	1	Ditto Trousers ...	10
Medical Belt & Strap	1	Strong Shirts ...	4
Made.		**Repaired.**	
Attendants' Uniform Coats	19	Coats	5
Ditto Vests	20	Vests	2
Ditto Trousers	19	Trousers	9

SHOEMAKERS.

New Work.		Repairs.	
Men's Leather Boots, prs.	7	Men's Leather Boots, prs.	51
Ditto ditto Shoes ,,	56	Ditto ditto Shoes ,,	442
Ditto Cloth Boots ,,	26	Ditto Cloth Boots ,,	40
Women's Leather Boots,,	61	Women's Leather Boots,,	229
Ditto ditto Shoes ,,	14	Ditto ditto Shoes,,	8
Ditto Cloth Boots ,,	61	Ditto Cloth Boots,,	75
Ditto ditto Shoes ,,	1	Attendants' Belts ...	11

UPHOLSTERER.

New Work.		Repairs, &c.	
Mattress Cases ...	13	Mattresses re-made	67
Matresses	13	Mattress Cases ...	28
Pillow Cases ...	25	Pillows re-made ...	16
Pillows	15	Pillow Cases ...	9
Bedside Carpets ...	35	Bedside Carpets ...	17
Dormitory ditto ...	1	Strong Counterpanes	10
Ironing Boards re-covered	8	Settees	17
Kneeling Boards ...	12	Ditto re-stuffed and re-covered	3
Bedsacking ...	1		

Sundries 295

CONSUMPTION OF PROVISIONS

For the Year ending 31st December, 1873.

Number of Officers and Servants	... ...	40
,, Male Patients	... ...	118
,, Female Patients	... ...	168
Total	... ...	326

Meat	Bacon	2,593	lbs.
	Beef, Mutton, and Preserved Meat...	47,541	lbs.
	Pork	6,121	lbs.
Beer	... ...	14,537	gallons
Bread	... ...	128,189	lbs.
Butter	... ...	5,636½	lbs.
Cheese	... ...	7,503½	lbs.
Cocoa	... ...	2,539	lbs.
Coffee	... ...	265	lbs.
Eggs	... ...	12,866	number
Flour	... ...	11,327	lbs.
Milk	... ...	6,187	gallons
Oatmeal	... ...	442	lbs.
Potatoes	... ...	60,872	lbs.
Rice	... ...	550	lbs.
Sugar	... ...	10,677	lbs.
Tea	... ...	1,425¼	lbs.
Treacle	... ...	1,752	lbs.
Porter	... ...	17,728	pints
Wines	... ...	228 9/12	bottles
Brandy	... ...	391 5/12	bottles
Gin	... ...	½	bottle
Tobacco	... ...	360	lbs.
Snuff	... ...	39	lbs.

DIETARY TABLE.

Days of the Week.	Breakfast. Males. Cocoa.	Breakfast. Males. Bread.	Breakfast. Males. Butter.	Breakfast. Females. Cocoa.	Breakfast. Females. Bread.	Breakfast. Females. Butter.	Dinner. Males. Uncooked Meat without Bone.	Dinner. Males. Potatoes.	Dinner. Males. Bread.	Dinner. Males. Beer.	Dinner. Males. Soup.	Dinner. Males. Pie.	Dinner. Males. Suet Pudding with Treacle.	Dinner. Females. Uncooked Meat without Bone.	Dinner. Females. Potatoes.	Dinner. Females. Bread.	Dinner. Females. Beer.	Dinner. Females. Soup.	Dinner. Females. Pie.	Dinner. Females. Suet Pudding with Treacle.	Supper. Males. Bread.	Supper. Males. Butter.	Supper. Males. Tea.	Supper. Females. Bread.	Supper. Females. Butter.	Supper. Females. Tea.	—
	Pts.	Oz.	Oz.	Pts.	Oz.	Oz.	Oz.	Oz.	Oz.	Pts.	Pts.	Oz.	Oz.	Oz.	Oz.	Oz.	Pts.	Pts.	Oz.	Oz.	Oz.	Oz.	Pts.	Oz.	Oz.	Pts.	
Sunday ...	1	8	½	1	6	½	7	12	2	½	...	...	...	7	12	2	½	...	...	...	6	½	1	6	½	1	Sunday, Boiled Mutton.
Monday ...	1	8	½	1	6	½	7	12	2	½	...	...	...	7	12	2	½	...	...	...	6	½	1	6	½	1	Monday, Boiled Beef.
Tuesday ...	1	8	½	1	6	½	3	...	6	½	1½	...	...	3	...	4	½	1½	...	...	6	½	1	6	½	1	Tuesday, Soup.
Wednesday	1	8	½	1	6	½	7	12	2	½	...	...	...	7	12	2	½	...	...	...	6	½	1	6	½	1	Wednesday, Roast Beef.
Thursday .	1	8	½	1	6	½	3	8	...	½	...	16	...	3	8	...	½	...	14	...	6	½	1	6	½	1	Thursday, Pie.
Friday	1	8	½	1	6	½	7	12	2	½	...	...	...	7	12	2	½	...	...	...	6	½	1	6	½	1	Friday, Boiled Beef.
Saturday	1	8	½	1	6	½	...	...	..	½	...	...	16	...	...	...	½	...	...	14	6	½	1	6	½	1	Saturday, Suet Pudding.
	7	56	3½	7	42	3½	34	56	14	3½	1½	16	16	34	56	12	3½	1½	14	14	42	3½	7	42	3½	7	

The Extra Diet as *per* Summaries of Sick List.

THE DIET OF ATTENDANTS AND SERVANTS. DAILY *Male Attendants.*—Meat uncooked, 1 lb. Vegetables, 1 lb. Bread, 1 lb. Beer, 2 pints. *Female Attendants*, Meat uncooked, ¾ lb. Vegetables, 1 lb. Bread, 1 lb. Beer, 2 pints. WEEKLY. Butter, ½ lb. Cheese, 1 lb. Sugar, ¾ lb. Tea, 3 oz. each.

The NIGHT ATTENDANTS have 1 lb. Coffee each *per* week in addition to the above.

COCOA FOR TEN PATIENTS. 5 oz. Cocoa; 7 oz. Sugar; 2 pints Milk.

TEA ditto. 1½ oz. Tea; 6½ oz. Sugar; 1 ditto.

SOUP. The liquor of the Cooked Meat, Bones, &c., with Meat, Oatmeal, Rice, Potatoes, Turnips, Onions, and Salt and Pepper added.

SUET DUMPLINGS with treacle sauce, to be varied by Currant Dumplings and Fruit Pies in the season.

TOBACCO and SNUFF are given as indulgences to the Patients who are employed in Field-work, &c., and to other Patients, by order of the Medical Superintendent.

SEED CAKE is given to the Patients on Sundays in lieu of Bread and Butter.

At 11 a.m. 2 oz. Bread, 1 oz. Cheese, ½ pint Beer, is given to all Patients who are usefully employed, and at 7 p.m. also to those who have been engaged in the Field, Workshops, or Laundry.